

Bok Choy Salad with Ginger Dressing

Yield: 4

Bok Choy Salad

Ingredients

3 ea	heads baby bok choy chopped into $\frac{3}{4}$ " pieces (about 4 heaping cups)
2 c	red cabbage, shredded
1 c	carrots, shredded
$\frac{1}{4}$ c	green onion, chopped
$\frac{1}{2}$ c	cashews roughly chopped

Ginger Dressing

Ingredients

1 c	carrots, roughly chopped
$\frac{1}{2}$ c	rice vinegar
$\frac{1}{3}$ c	neutral oil
3 T	fresh grated ginger
2 T	maple syrup
1-2 T	coconut aminos

Directions:

1. Roughly chop carrots. Place in the blender.
2. Add all other ingredients to the blender.
3. Cover the blender and turn on high. Puree until smooth.
4. Taste, then add more as needed.
5. Refrigerate until ready to serve.


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